Retirement Planning Today®

Class held at CI Beaver Hall • 3696 Highmont Street

You've worked hard to provide for your family and save for your future. Now there is a course that teaches how to keep more of what you earn and make your money work harder for you.

Whether you are just beginning to develop a retirement plan or rapidly approaching retirement, you should enroll in this course. You will learn how to define long-term goals and return from the class with practical information you can apply immediately.

This course includes a 225-page illustrated textbook. Couples may attend together for a single registration fee. Class sizes are limited so register today.

Choose from the following sessions for 2015:

Tuesdays:

Jan. 22 & Jan. 29 6:00 – 9:00 p.m.

Thursdays:

Jan. 27 & Feb. 3.......6:00 - 9:00 p.m.



Softball 2015

It's not too early to start thinking about getting your friends together for our recreational softball league. All games are played at Rotary Park; leagues available for both men and coed. Registration will be open December 1 for returning teams and January 19 for new teams.

Find all the information you need on our Web site: www.BeavercreekOhio.gov — click on Parks, Recreation & Culture under the Government tab.

Halloween Starting in 2014, and every year after, Trick-or-Treat will take place on October 31 – from 6:00 to 8:00 p.m. We'll see you out there in your favorite costume!



Adult Co-Ed Soccer

Ankeney Soccer Complex, Orchard Lane

Adults age 18 years and older are invited to join this program. Games will be played Sundays at Ankeney Soccer Complex.

Individuals can sign up and will be placed on a team at random in this recreational league. Team registrations are also accepted; teams must be coed. Game times run from 11:00 a.m. through 5:40 p.m. Teams play all times in a rotating schedule.

Two officials are included in the league fee, along with team jerseys. Register early so you don't miss out!

Try a Truck – Municipal Maintenance Facility

Saturday, October 11 10:00a.m. – 1:00 p.m. Imagine sitting behind the wheel of a big rig or hitting the siren of a police car. Sound fun?

Join us on Saturday, October 11 for our annual Try a Truck event. A variety of vehicles will be set up for you to check out — school bus, snow plow, front loader, police car and so much more. After trying our trucks, head up to the Beavercreek Township Fire Department Open House and watch a demonstration of the Jaws of Life, meet Sparky and test some chili!

A.M. Get Fit Club

Instructor: Shawnah Tibbs Sergent C.I. Beaver Hall, 3696 Highmont St.

Residents: \$70; Non-Residents: \$80

This five-week program offers the same benefits of personal training at a fraction of the price with an added bonus of group accountability.

Each class offers a variety of fitness styles (circuit training, P90X, Insanity, station-based interval training, etc.) for a metabolism-kicking, results-oriented, challenging and fun program. Utilize various means of resistance training (bands, weights, weighted balls) to tighten and tone muscles.

Class is designed for the beginner or intermediate with modifications for every fitness level. Bring a yoga mat.

Session I:

Oct. 20 — Nov. 21 5:30 — 6:30 a.m. (Mondays, Wednesdays & Fridays)

Session II:

Session III:

Jan. 26 – Feb. 27 5:30 – 6:30 a.m. (Mondays, Wednesdays & Fridays)

PiYo

Instructor: Shawnah Tibbs Sergent C.I. Beaver Hall, 3696 Highmont St.

Residents: \$45; Non-Residents: \$50

PiYo is a perfect fusion of Pilates, Yoga, dance, sports training and more. The dynamic, flowing sequences can blast serious calories at the same time as they lengthen and tone your muscles, increase flexibility, build overall core strength, and improve balance. Class is designed for those that want an intense workout that is easy on the joints but burns calories and builds muscle in one effective workout! Bring a yoga mat.

Session I – Tuesdays:

Oct. 21 – Nov. 18......6:00 – 7:00 p.m.

Pilates

Instructor: Sandy Wright C.I. Beaver Hall, 3696 Highmont St.

Residents: \$45; Non-Residents: \$50

Imagine an exercise program that you look forward to, engages you, and leaves you refreshed and alert with a feeling of physical and mental well-being. Pilates is designed to do all this and more.

It consists of a series of exercises that gradually tones and strengthens your core muscles and improves flexibility. This class is designed for all levels of experience.

Fall Session II - Wednesdays:

Oct. $22 - \text{Nov. } 19 \dots 6:15 - 7:00 \text{ p.m.}$

Fall Session III - Wednesdays:

Dec. 3 – Jan. 14......6:15 – 7:00 p.m. (No classes on Dec. 24 and Dec. 31)

Winter Session I - Wednesdays:

Winter Session II - Wednesdays:

March 11 – April 8......6:15 – 7:00 p.m.

Spring Session I – Wednesdays:

April 22 — May 206:15 — 7:00 p.m.

Fitness Blast

Instructor: Shawnah Tibbs Sergent C.I. Beaver Hall, 3696 Highmont St.

Residents: \$35; Non-Residents: \$40



Anything goes in this indoor/outdoor class (weather permitting). We'll combine a variety of workouts that will improve overall strength, endurance, balance, core, flexibility, and muscle toning.

Props such as resistance bands, weights, weighted balls and more will be incorporated throughout class. Bring a yoga mat.

Session I – Wednesdays:

Session II - Wednesdays:

Session III:

Jan. 28 – Feb. 25...... 9:00 – 10:00 a.m.

Yoga

Instructor: Sandy Wright C.I. Beaver Hall, 3696 Highmont St.

Residents: \$45; Non-Residents: \$50

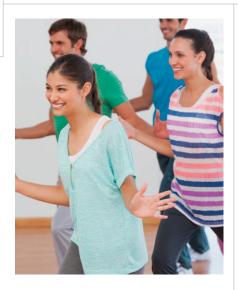
Learn the fundamental aspects of yoga such as physical posture, breathing techniques, deep relaxation, visualization and meditation.

The practice of yoga reduces stress and tension, strengthens the lungs, increases flexibility and mobility. This class is designed for all levels of experience.

Mondays from 6:15 to 7:15 p.m.

Fall Session I	Oct. 20 - Nov. 17
Fall Session II	Dec. 1 – Jan. 12
(No classes Dec. 22 a	and Dec. 29)

Winter I	Jan. 26 – Feb. 23
Winter II	March 9 – April 6
Spring I	April 20 – May 18



Session II – Tuesdays:

Session III – Tuesdays:

Jan. 27 – Feb. 24......6:00 – 7:00 p.m.

IN TOUCH Newsletter

Zumba® Fitness

Instructor: Shawnah Tibbs Sergent C.I. Beaver Hall, 3696 Highmont St.

Residents: \$25; Non-Residents: \$30



Zumba® Fitness is incredibly fun, easy and effective. Motivating music with unique moves and combinations let you dance away your worries while blasting calories.

It's a fusion of Latin and international music featuring a combination of fast and slow rhythms that tone and sculpt the body. No dance experience necessary!

Session IA – Thursdays:

Oct. 23 -Nov. 20...... 9:00 - 10:00 a.m.

Session IIA – Thursdays:

Session IIIA - Thursdays:

Jan. 29 – Feb. 26 9:00 – 10:00 a.m.

Session IB - Thursdays:

Oct. 23 –Nov. 20......5:30 – 6:30 p.m.

Session IIB - Thursdays:

Dec. 4 – Jan. 15..................5:30 – 6:30 p.m. (No classes from Dec. 21 – Jan. 3)

Session IIIB - Thursdays:

Jan. 29 – Feb. 26 5:30 – 6:30 p.m.

Swing Dance for All Experience Levels

Instructors: Gus & Jessica Vu C.I. Beaver Hall, 3696 Highmont St.

Swing I focuses on beginner's Swing and introduces students to strong lead-and-follow techniques that are useful in any dance style. Class is for students who have never danced before, or have the need to brush up on the basics. Gus and Jessica Vu have been Swing Dancing together since 1997 and have a combined total of 34 years of dance experience.

Tuesdays from 7:00 – 8:00 p.m. February 17, 24 & March 3

Residents: \$45 per couple or \$30 per person; Take both Swing I & II for \$70; Non-Residents: \$50 per couple or \$35 per person; Take both Swing I & II for \$80

Swing II introduces Lindy Hop – the original Swing Dance and will add on variations to get students ready for the social dance floor.

Tuesdays from 7:00 – 8:00 p.m. March 10, 17 & 24

Residents: \$45 per couple or \$30 per person; Take both Swing I & II for \$70; Non-Residents: \$50 per couple or \$35 per person; Take both Swing I & II for \$80

Swing III

Swing I and II are required prior to registering for this course. Over this four-week course, students will be polishing up their Swing and Lindy Hop. This class changes session to session depending on the class' requests and instructor's creativity. Some steps that may be covered include the Charleston, Lindy Swing outs & variations, and advanced East Coast Swing variations.

Tuesdays from 8:15 – 9:15 p.m. February 17, 24 & March 3, 10

Residents: \$45 per couple or \$30 per person; Non-Residents: \$50 per couple or \$35 per person

Ballroom Dance

Instructors: Gus & Jessica Vu C.I. Beaver Hall, 3696 Highmont St.

Residents: \$70 per couple or \$60 per person Non-Residents: \$80 per couple or \$70 per person

The perfect way to sample six Ballroom Dances in a short amount of time! This class will introduce the dances of Waltz, Cha Cha, Rumba, Tango, Fox Trot and Swing; each class will focus on one dance.

With focus on beginner's steps, fundamentals of lead and follow skills, dance etiquette and music selection, you will be ready to hit the dance floor at that upcoming wedding or party.



Kids Sing, Dance & Play

Instructor: Shawnah Tibbs Sergent C.I. Beaver Hall, 3696 Highmont St.

Ages 18 Months to 3 Years Old

Residents: \$35; Non-Residents: \$40

This wonderful parent and tot class was designed with the preschooler in mind! Keep them moving, laughing, and learning while we sing, dance and play together.

Grow your child's imagination while we create a different craft each week. Please bring an old shirt for a cover-up to each class. Material fee included.

Session II - Tuesdays:

Oct. 21 - Nov. 18...... 10:00 - 10:45 a.m.



C.I. Beaver Hall

3696 Highmont St.

We have the answer for your holiday parties, family reunions and friendly get togethers! CI Beaver Hall is tucked away on Highmont Street with a nice neighborhood park attached.

Reasonably priced at \$50/hour for residents, this hall has become a popular spot for gatherings. Are the festivities getting too big to have at your house? Want all the fun, but none of the mess? Contact the Parks Department for a tour today!

Kidz Home Alone

Instructor: Enriching Kidz C.I. Beaver Hall, 3696 Highmont St.

Residents: \$52; Non-Residents: \$62

Are you ready to educate your child in grades 4-6 about the responsibilities of being home alone?

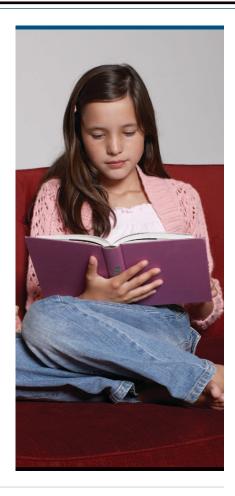
Our goal is to assist every student to feel more comfortable while home alone. This interactive course teaches topics such as first aid, self-Heimlich maneuver, reasons to call 911, fire escape plans, microwave safety, and how to problem-solve out of the ordinary situations.

A parent guide is included in the student manual which provides helpful discussion points between parent and child. Parents do not need to attend the class.

Saturdays:

Oct. 25 & Nov. 1 12:00 – 2:00 p.m.

(This is a two-day class and participants must attend both sessions.)



Veterans Memorial Program

Tuesday, November 11 at 2:00 p.m.

Veterans Day is an official United States holiday that honors people who have served in the U.S. Armed Forces. Join us as we honor and celebrate the Veterans in our community.

This free, public ceremony will be held on Tuesday, November 11 at 2:00 p.m. at Veterans Memorial Park; 1911 North Fairfield Road.



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	Acres Available	Ball Diamonds	Basketball Courts	Rest Rooms	Play Equipment	Soccer Fields	Picnic Shelters	Hiking Trails	
PARK NAME									
C.I. Beaver Park, 3696 Highmont St.	5.3		1.5		X			X	Rental facility; City classes
Cinamon Ridge Park, 4070 Willow Run	10.4							X	Not developed
Dominick Lofino Park, 640 Grange Hall Rd.	34.3			X	X		2	X	Amphitheater, lake, tennis courts, skate park
E.J. Nutter Park, 865 Factory Rd.	24.6	5			X		3		Bike Trail Access
Fox Run Park, 3358 Southfield Dr.	20							X	Bird blind; butterfl y garden
Gerspacher Park, 2364 Gerspacher Dr.	3.4				X		1	X	
Grangeview Acres, 2816 Blythe Court	1.5	1	0.5		X				
Hunter's Ridge Park, 2133 Marchfi eld Way	5.3				X				
John Ankeney Sports Complex, Orchard Lane	23					33			BSA owns part of property
Merrick Park, 3179 Creekside Dr.	5.6								Natural area
Overlook Reserve, Park Overlook Dr.	11.5							X	
Rotary Park, 2260 Dayton-Xenia Rd.	72	14		Х	Х	4	1	X	Sand volleyball (4); access to wetlands
Royal Pointe Park, 3041 Park Overlook	5				X		1		
Saville Farm Estates Park, 1950 Wilene Dr.	6.5	1			Х				Open space
Shoup Park, 1341 Meadowbridge Dr.	4.7		0.5		Х		1		Mound Slide
Spicer Heights, 3704 Edge Park Dr.	5				X		1		Fitness course, paved walking path
Stafford Park, 3636 Crab Orchard Dr.	11.8				X				Creek
Summerfield Park, 1789 Stedman Lane	11				Х				
Tara Park, 405 Milestone Dr.	2.4								Not developed
Veterans Memorial Park, 1911 N. Fairfi eld Rd.	0.62						1		Walk of history, bricks, monument (2)
Virgallito Park, 2569 Lantz Rd.	9.2	1			Х		1	X	
Walnut Grove, 410 Mulberry Tr.	4.5				X		1		
Wartinger Park, 3080 Kemp Rd.	4.3			X					Cabins (4), barn, herb garden, picnic area
TOTALS:	281.92	22	2	3	15	37	13	8	
FACILITIES:									
Lofino Center, 3868 Dayton-Xenia Rd.	2								Senior Adult Center; community theater
Creekside Trail	60.5								4.9 Miles paved with access points
Alpha Mill, 751 Alpha Rd	N/A								
Beavercreek Station, 1153 N. Fairfi eld Rd.	N/A								
Fifth Third Gatway Park & Ride, 4231 Dayton-Xenia Rd.	N/A								
Grange Hall Bike Access, 1440 Grange Hall Rd.	N/A								
	344								

City of Beavercreek Parks Map

City of Beavercreek Parks, Recreation and Culture Dept. • 427-5514 • parks@beavercreekohio.gov

